

# BUCKINGHAM SQUASH & RACKETBALL CLUB



## GUIDANCE FOR ADULTS PLAYING WITH JUNIORS

If you are asked to play against an up and coming young player please read the guidance below and be aware of the following:

- Children and young people are deemed to be anybody under the age of 18
- Children entering into leagues and matches with adults should be at the discretion of the young person's parent/guardian, and in conjunction with the coach and the club's welfare/safeguarding officer. BSRC will only consider young people aged 14 and above playing in the leagues.
- For a junior player who is under 16 a parent/guardian/coach/welfare officer or other suitable adult should be in attendance before, during and after matches. If no-one is in attendance both players should return to the Swan Pool reception area immediately and contact made with the parents.
- For a junior player aged 16 or 17 a responsible adult must be aware of when, and who, the junior is playing with.
- Keep the match as a positive experience for both players. **Intimidating behaviour will not be tolerated** and should be reported immediately to the club. (bsandrclub@gmail.com)
- Use appropriate language at all times.
- Make yourself aware of the clubs guidance on children and changing rooms

It is our responsibility to make the Squash Club environment inclusive and help look after the next generation of squash players coming through our club. Evening matches can be a tough experience at the end of a long school day and extra-curricular activity. Young people develop at very different rate physically, psychologically, emotionally and socially so please consider the above before you embark on any matches against young players.

The social aspect of squash is important. Juniors should be encouraged to get to know and be gracious with their opponents. For example, being courteous, congratulating the opposing player and shaking hands after the match.

Parents should be asked for their support to allow youngsters to maximise their personal development opportunities such as responsibility, independence and team work. Parents should be consulted to manage their childrens' schedules and to ensure their children are fuelling appropriately without overloading, mentally, physically and emotionally

**Any concerns of a safeguarding nature** should be reported immediately to the Club Welfare Officer:

Jill Reynolds (07990 876747 buckssquashwelfare@gmail.com)



