

BUCKINGHAM SQUASH & RACKETBALL CLUB



CHANGING ROOM USE - GUIDANCE FOR USE WITH JUNIORS

This guidance is for club members using the Swan Pool changing facilities. It is based on advice from the NSPCC Child Protection in Sport Unit (<https://thecpsu.org.uk/resource-library/best-practice/safe-use-of-changing-facilities/>) and designed to meet the specific requirements of the club. It aims to clarify supervision and other issues relating to junior members sharing changing rooms with adult members.

If children are uncomfortable about changing in a space shared with adults or they are too young to change themselves, they should be encouraged to change before they arrive or be supervised by their parents, as BSRC does not have adequate staff/volunteer resources to do so.

Junior players are encouraged to change quickly and not loiter or socialise in the changing areas to minimise the time they are there. Most juniors rarely use the shower and are only in the changing areas for a short time.

Equally, adult members are requested to be discreet and not loiter or socialise in the changing rooms when juniors are present.

It is never appropriate for teachers or coaches to use the changing facilities at the same time as the juniors in their session.

It is never appropriate for photographs to be taken of children either by adults or other children in changing areas.

Any concerns of a safeguarding nature should be reported immediately to the Club Welfare Officer:
Jill Reynolds (07990 876747 buckssquashwelfare@gmail.com)

Parents are responsible for deciding when it is safe and appropriate for their children to be left unsupervised in changing areas. The CPSU advises that children under the age of 8 should be supervised, and factors such as the child's maturity, capability or level of disability need to be taken into consideration for older children.